

The Emotional Impact of Returning to Learning: Student and Staff Considerations and Strategies

August 18, 2020

Virtual

8:30am-1:00pm



Are you wondering about going back to teaching and the emotional impact the past several months has had on your students and co-workers? This online workshop will address student and staff mental health and wellness considerations in returning to learning, and include strategies for supporting the fear, anxiety, motivation, attention, and trauma students and staff may have already experienced or will experience upon returning to school. Participants will have time to connect in grade-level groups during breakout sessions and will leave with strategies for working with both students and staff.

Who Should Attend?

Teachers, paraprofessionals, counselors, nurses, administrators, and other interested educators. If you work with kids or school staff in any capacity, this training is for you!



Angie Ellsworth MS, LSW, LSC, began her career working with people with disabilities and has spent the past 18 years working with children ages 5-16 with academic, behavioral, and mental health challenges. She maintains her licenses while working as a behavior specialist at a Rochester elementary school and provides staff development district wide, as well as training and coaching around the state. She is trained in PBIS systems implementation and interventions, Love and Logic (R), Restorative Justice, Crisis Prevention and De-escalation, Why Try? Resiliency Education and is an ENVoY (R) non-verbal behavior management coach and certified teacher. She embeds research on brain functioning and growth mindset into her approach and incorporates culturally responsive and trauma-sensitive experiential learning techniques for a hands-on experience.

Registration Information

Fee: \$35 [Metro ECSU Member](#); \$70 Non-member

Register online: <https://metroecsus.myquickreg.com/register/event>

Registration Deadline: August 17, 2020

Cancellation Deadline: August 14, 2020

Program Contact: Angela Skrade, 612.638.1528 angela.skrade@metroecsus.org

Location: Virtual via Zoom. Link will be provided after registration.

In compliance with the Americans with Disabilities Act, when special accommodations are needed, contact Angela Skrade at 612.638.1528 or angela.skrade@metroecsus.org at least two (2) weeks before the event date. Special accommodation cancellation notices are accepted no later than two (2) business days before the event date. Cancellations after the deadline will be billed for special accommodations fees.