



Trauma Informed Best Practices to Support Students

Sponsored by Regional Low Incidence Projects – Region 11

August 16, 2021. Online registration deadline: August 14, 2021

Metro ECSU Virtual Training

8:00 a.m. – 3:00 p.m.

(Lunch Break: 11:00 a.m. – 12:00 p.m.)

For: Minnesota K-12 Educational Interpreters

Workshop will be presented in Spoken ENGLISH

COST:

No cost for interpreters currently working within a Minnesota K-12 school district education setting.

Registration will be checked for qualified registrants. All others who are "not" a Minnesota school district interpreter and fall outside our target audience are welcome to attend for a fee of \$25.

Workshop description: American Sign Language Interpreters' bodies bump up against trauma regularly and yet there is an expectation that interpreters remain neutral, calm and regulated. In this workshop we will explore Trauma, Trauma responses among students, the Autonomic Nervous System (ANS) and when the responses of the ANS might kick in with fight, flight, freeze or collapse. This interactive workshop will allow participants to explore their own nervous systems and have a better understanding of what is happening internally when trauma is in the room. Participants are encouraged to bring to this workshop paper of varying sizes, crayons, markers, colored pencils or any drawing medium that evokes joy.

Presenters: **Alexis Greeves** is a Licensed Professional Clinical Counselor and a Registered Play Therapist and Supervisor. She is an Adjunct Professor at Gallaudet University's Counseling Department and Bethel University's Counseling Psychology Department, teaching play therapy. Alexis has been working in the field of deafness since 1995 and graduated from Gallaudet University with an MA in 1999.

Sara Ranssi is a Licensed Independent Clinical Social Worker with 15 years of experience working in the deaf community. She provides culturally and language specific mental health services for deaf, deaf/blind and hard of hearing youth (birth to age 22). Sara received her undergraduate degree in Psychology from the University of Wisconsin-Oshkosh. She then earned a MA in Deafness Rehabilitation Counseling from Northern Illinois University, working in adult mental health, before going on to her MSW from the University of Minnesota and finding her true passion working with children and adolescents.

Alexis and Sara founded Hope and Healing Family Counseling in Roseville, MN in 2014 to support the mental health of family systems in which a member is Deaf or hard of hearing. They provide supervision, consultation and trainings to other professionals as well as mental health therapy to the Deaf community.

Register online at: <http://metroecsu.myquickreg.com/register/event/>

Immediate confirmation will arrive at the email address submitted. If a confirmation does not arrive, contact Gail Jankowski (email below) to confirm the registration.

Registration Questions: Gail Jankowski | [click here to send Gail Jankowski an email message](#)

Program Questions: Kayna Plaisted | [click this to send Kayna Plaisted an email message](#)

MRID is an Approved RID CMP Sponsor for continuing education activities. This professional studies program is offered for .6 ASL/RID CEUs at Some Content Knowledge level.



Payment and Cancellation Information

Payment is required unless cancellation request is received at least two business days before the event. Fees must be paid within 30 days after the event date or an invoice will be issued with an additional \$10 service charge. In most cases, refunds will be given only if cancellation request is received two business days prior to the event. Send cancellation requests by email to the registration contact person.

This training is funded with a grant from MDE using federal funding, CFDA 84.027A, Special Education - Grants to States. This event does not necessarily represent the policy of the federal Department of Education or the state Department of Education. You should not assume endorsement by the federal or state government.