



OT Community of Practice

Date: Saturday February 5, 2022

Time: 8:00 a.m. – 3:00 p.m.

Location: Virtual

Virtual - Link for participation will be emailed to CoP

Meeting Facilitators:

Andrea Hanson, OT Co-Facilitator arhanson@district287.org
Patty Orme, OT Co-Facilitator patricia.orme@isd623.org
Kayna Plaisted, Metro ECSU Facilitator kayna.plaisted@metroecsu.org

Sensory AND Behavior: A Comprehensive Approach to Addressing Challenging Behaviors – Gwen Wild, Sensational Brain

I. Review of Sensory Modulation Theory

- Sensory Continuum
- Neurochemicals involved in sensory modulation
- Sensory vs. Bipolar Disorder, Anxiety, ADHD and more

II. Addressing Behaviors from a Sensory Perspective

- Behavior analysis from a sensory frame of reference
- *Proactive* vs. *reactive* intervention
- Case-studies
- Using sensory diets to address difficult behaviors
- Research supporting the use of sensory strategies

Break

III. Whole-Brain Approach to Behavior Management in Students with Sensory Processing Issues

- Addressing behaviors from sensory, cognitive, and behavioral standpoints
- Overview of current *cognitive* approaches to behavior management
- Overview of current *behavioral* approaches to behavior management
- Integrating BrainWorks with other current, research-based approaches
- Helpful forms (included in manual)

Lunch

IV. Case Studies: Using a Whole-Brain Approach to Address Difficult Behaviors

- Self-injurious behaviors
- Toilet training
- Aggression

Break

- Masturbation
- Rigidity/inflexibility
- Meltdowns

V. Group Problem Solving

- Work in groups with instructor support to brainstorm strategies to meet the needs of your most challenging clients

Future Meeting Tentative Plans:

April 22 1:00 – 3:00

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